

Women Development Cell Report Year 2019/2020




NCRD's Sterling College of Arts, Science & Commerce,

(Accredited by NAAC & Affiliated to University of Mumbai)


Sector – 19, Nerul (East), Navi Mumbai -400706

Phone: 022/27705535

Email: senior_commerce@yahoo.co.in


Authorised IQAC
NCRD's Sterling College of Arts,
Commerce & Science
Nerul - 400 706.




Principal
NCRD's Sterling College of Arts, Commerce & Science
Nerul, Navi Mumbai - 400706

Contents

Sr. No	Particulars	Page No
1	Abstract	1
2	Self grooming seven day workshop by Dolly Suryavanshi, head of SD beauty & Fitness.	2-7
3	Sanitation & Hygiene workshop for FY, SY, TY girl students in association with Rotary club, Navi Mumbai on 28 th January 2020	8-12


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Abstract

ACADEMIC YEAR 2019-2020


Name of the committee: Women Development Cell

Name of the members: Prof. K.Prasuna


Prof. Megha Mahajan

The Committee comprises of coordinator & members. The committee takes adequate initiative on developing the skills of the students on a regular basis. The main Objectives of WDC is to Provide a platform for Girl students to encourage entrepreneurial skills, To Provide for dialogue, discussion and deliberation on Gender related issues., To encourage girl students for participation in Extra and co-curricular activities apart from Academics, To review safety and security of girl students in the College premises.

In accordance with the above objectives , Women Development Cell in the year 2019-2020 organised various activities for developing the Entrepreneurial skill, providing Guidance about Health and Hygiene and celebrating Womanhood.


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NOTICE

Date:- 1 August 2019

This is to inform students that Self grooming workshop will conducted for TY girl students on 5th August 2019 in order to develop their entrepreneurial skills. Interested students can give their names to Mrs Prasuna and Mrs Megha.

ATTENDANCE IS COMPULSORY.

WOMEN DEVELOPMENT CELL

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01W No. NCRD/STL/WD/645/2019

Invitation Letter

To,
Mrs. Dolly Suryavanshi

Date: 2nd August 2019

SD beauty & Fitness.

Subject: Self Grooming workshop

Dear Madam,

We are pleased to invite you as a guest for conducting a workshop on Self grooming for Students (girls).

You are cordially invited for the workshop to be held conducted from 5th August 2019 -14th August 2019.

Your expertise and experience in your field will be great contribution to the programme and will highly benefit our students.

We look forward to a positive response from your side.

Regards,

Women Development Committee

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Thanking Letter

o/w No. NCRD/STL/WD/650/2019

To,
MrsDolly Suryavanshi

Date: 14th August

SD beauty & Fitness.

Dear Madam,

On behalf of the skill development committee of NCRD Sterling College of Arts, Science and Commerce, Nerul, we would like to thank you for conducting a successful workshop on Self grooming from 5th August 2019 -14th August 2019.

It has been a pleasure working with you, we look forward to work with you in our future educational endeavours.


Regards,

Women Development Committee
NCRD Sterling College of Arts, Science and Commerce


DIPAK SUPRINATOR




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Report

Self grooming workshop

Date- 5th August 2019 -14th August 2019.

No of participants - 20

Self grooming workshop was conducted for TY girl students. Alumni of our College Dolly Suryavanshi, head of SD beauty & Fitness was invited to conduct this 7 days workshops.

Self grooming not only adds confidence and sophistication into a girl's life but it also makes her feel good and look good all the time and also, self grooming makes a girl more adaptable.

Objectives of the workshop:

1. To inculcate Entrepreneurial skill among participants.
2. To improve self-esteem, self-confidence and self-presentation


Outcome of Program

To make the girl students more confident a Self grooming work shop was conducted from 5th August 2019 -14th August 2019. Our Alumni Dolly Suryavanshi, head of SD fitness & beauty was invited to conduct the workshop.

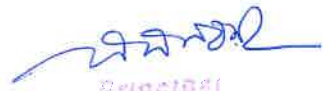
25 students enrolled for the workshop of which 20 students attended the workshop on all the days and completed the course successfully On completion the students were given certificates also.

Feed back

The grooming session was well appreciated by students who participated in the programme. This type of classes can help everyone to get the practical knowledge and helps to improve self-esteem, self-confidence and self-presentation of the participants.


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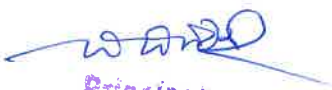

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Self grooming workshop in Progress




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List of students Participated in Self grooming Workshop

Name of the Activity: Self Grooming workshop

Date: 05/08/19

S.No	Name of the participant
1	Kudrat Bhalla
2	Saloni Bharadwaj
3	Neha Dalvi
4	Nikita Gupta
5	Bhavika Gurav
6	Pooja Pathak
7	Riya Pawar
8	Sumaiya Kablay
9	Harshada Kamble
10	Aisha Khanzada
11	Amrutha Nair
12	Jaitali Nalawade
13	Megha Tank
14	Simran Thakur
15	Jeenal Trivedi
16	Afrin Usmani
17	Pragati Zinjad
18	Aditi Shire
19	Bhumika Singh
20	Sujana Singh

Megha Tank

[Signature]

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[Signature]

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NOTICE

Date : 24th January 2020

This is to inform students that Workshop **On Sanitation & Hygiene** will be conducting for all girl students in order to develop their entrepreneurial skills. Interested students can give their names to Mrs Prasuna and Mrs Megha.

ATTENDANCE IS COMPULSORY.

Megha Mahajan

WOMEN DEVELOPMENT CELL

[Signature]
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[Signature]
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WDE / NSS welcomes all women staff / students

**Rotary
District 3142**

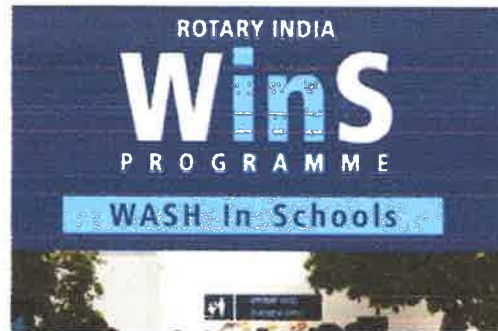


Rotary Club of Satellite City Navi Mumbai

Welcomes you to join

***Sterling College of
Commerce***

**Plot no 93, Beside
Haware centurion mall,
Sector-19A, Nerul (E)
Navi Mumbai**



Session by -

***Dr Supriya Lad*
Smart President 19-20
RC Thane Premium**

**Date – 28th January 2020
Time 11.00–12.00 noon**

**Club President
Rtn V R Sai Ganesh**

**Chairman Wins committee
Rtn Dibyendu Sahu**

**Club Secretary
Rtn Keyur Desai
PIC • COLLAGE**

**Coordinator, IOAC
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OLW NO. NCRD/STL/WD/652/2020

Invitation Letter

To,
Dr. Supriya Lad,

Date: 25 th January 2020

Rotary Club

Subject: workshop Sanitation & Hygiene

Dear Madam,

We are pleased to invite you as a guest for conducting a workshop Sanitation & Hygiene . You are cordially invited for the workshop to be held on 28th January 2020.

Your expertise and experience in your field will be great contribution to the programme and will highly benefit our students.

We look forward to a positive response from your side.

Regards,

Women Development Committee

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Thanking Letter

OW/No.NCRD/STL/670/2020

Date: 29Th January

To,
Dr. Supriya Lad,

Rotary Club

Dear Madam,

On behalf of the skill development committee of NCRD Sterling College of Arts, Science and Commerce, Nerul, we would like to thank you for delivering an informative lecture on 28/1/2020.

It has been a pleasure working with you, we look forward to work with you in our future educational endeavours.

Regards,

Women Development Committee

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Report

Workshop Sanitation & Hygiene

Date :-28th January 2020

No of participant:- 48

Sanitation & Hygiene workshop was conducted for girl students in association with Rotary club, Navi Mumbai on 28th January 2020.

Sanitation is important for all, helping to maintain health. For Girls this subject is more relevant and importance. Considering this a Sanitation & Hygiene workshop was conducted for girl students.

Health education plays an important role in the community hygiene. To prevent illness and have positive health attitude, correct and complete knowledge of health is necessary. Health is cleanliness and cleanliness is one of the main defences against diseases, whether contagious or self-generated. Hygiene is a set of practices performed to preserve health. According to the World Health Organization (WHO), "Hygiene refers to conditions and practices that helps to maintain health and prevent the spread of diseases". Personal hygiene refers to maintaining the body's cleanliness. Maintaining cleanliness is also important for our self-confidence, physical and emotional well-being.

Health education plays an important role in the field of education. To prevent illness and have positive health attitude, correct and complete knowledge of health is necessary. The Importance of Good Personal Hygiene is necessary for many reasons: personal, social, and psychological or simply as a way of life. Keeping a good standard of hygiene helps to prevent the development and spread of infections, illnesses and odour.

The objectives of the workshop are


1. To create awareness about the health status of the members of the staff and students in the campus.
2. To provide counseling for the various health problems of the respondents.
3. To promote awareness about food safety.

This was conducted in association with Rotary club of Navi Mumbai.

Dr. Supriya Lad, a gynecologist was invited to conduct this workshop. She thoroughly oriented the students on Sanitation and hygiene standards to be maintained and also the consequences if the hygiene aspects are not followed.

Feedback

The students found the activity really informative, hence it was decided to make it a regular activity.


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