



National Centre for Rural Development's
Sterling College of Arts, Science and commerce

(NAAC Accredited)

(Affiliated to University of Mumbai)

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Criterion – 7 Institutional Values and Best Practices

Key Indicator – 7.3 Institutional Distinctiveness

“Developing the competencies for life & career”

Introduction

The institution had taken certain initiatives during last 5 years through which developing mental equilibrium could be possible. The initiatives and practices were like teaching-learning and conducting brain storming activities such as quiz competitions, Elocution competitions; problem solving techniques, Power point presentation competitions, Food stall (entrepreneurship skill) competitions etc., The institution felt that mental equilibrium is one of the key elements of success for a learner. The responsibility in this regard lies with the course teachers who are dealing with the learners on day to day basis and program coordinators who make proper plans and implement the same for developing sound minds of learners. On frequent intervals the same is required to be analyzed with respect to the expected outcome and in case of variances, controlling measures are required to be taken. This process will help to develop mental equilibrium among learners and the same will develop abilities to enjoy the life and achieve the goals set.